

A photograph of Paul Carrack playing an acoustic guitar. He is wearing a black cap, sunglasses, and a dark jacket over a dark shirt. The background is a warm, textured orange-brown color. On the right side of the image, there is a vertical column of seven rounded rectangular color swatches in shades of orange, red, and yellow. The text 'Paul Carrack Satisfy My Soul' is overlaid in white on the left side of the image.

Paul Carrack Satisfy My Soul

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Satisfy My Soul

(Words by Chris Difford. Music by Paul Carrack). EMI Music

Satisfy my soul
Let the day begin
Make the evening roll
Let the big sky in

Satisfy my heart
It's so good to feel
Love is all around
And all the hurt will heal

This is what my heart needs to feel

Satisfy my head
Take away this pain
Something has to end
To begin again

Satisfy my heart
It's so good to feel
Love is all around
And all the hurt will heal

Healing every moment
Every wish you have comes true
Healing every feeling
That is about to come to you



Together

(Words and music: Paul Carrack), EMI Music

I remember you
Innocent and young
Smiling back at me
There and then
I knew you were the one

The answer to my prayers
Right in front of me
Now I realise
Heaven must have known we'd always be

Together
Lovers whatever
Together
Now and forever

Out into the world
With nothing but a dream
Somehow we survived
I believe we're always meant to be

Together
Lovers whatever
Together
Now and forever

I've fooled around sometimes
But you know there's nothing further
From my mind
And there's no doubt
Now I know what love
Is all about

When the times were tough
Had our backs against the wall
Standing side by side
We can say that we've
Come through it all

Together
Lovers whatever
Together
Now and forever



Where Would I Be

(Words and music: Paul Carrack), EMI Music

Tell me where would I be now
Without you
Without an angel
Watching out for me
It took a long, long time
For me to realise
All my faith in you
Was so justified
Tell me where would I be now
Without you
Where would I turn
To find the truth I need
I could never go back
To where I used to be
I've got so used to having
All the love you give to me
Tell me where would I
Be without you now

Every time I stumble or I fall
I call your name and you'll be there
Or if I should fly too high
I know that your love will reach me
Anywhere

I could never go back
To where I used to be
I've got so used to having
All the love you give to me
Tell me where would I be now
Without you
Would I be lost, just drifting out to sea
If I could start all over
I wouldn't change a thing
'Cause I know you'll always
Be there through thick and thin
Tell me where would I
Be without you now



My Kind

(Words and music: Paul Carrack), EMI Music

Blue eyes that are open wide
As warm as the sun
She's my girl
Any fool can see
'Cause one smile would melt the snow
Where she goes I want to go
She stays on my mind
Because she's my kind

Her hair falling down my face
Shining like gold
She's my girl
Any fool can see
I don't have to tell you why
When I leave it's gonna make me cry
She stays on my mind
Because she's my kind

You know she's my kind
And I love I love her so
I'm gonna be there till the day I die
Because she's my kind



Inspire Me

(Words and music: Paul Carrack), EMI Music

No matter what you do
I never get used to you
You always change
You're never the same
You can put up a fight
Whether you're wrong or right
It's nothing new
You never lose

That's why
You still inspire me

Sometimes you lose control
That's when it's touch and go
If I should stay
Or be on my way
You know it's not hard to see
We've got the chemistry
That keeps us alive
Maybe that's why

You still inspire me



The Only One

(Words by Chris Difford. Music by Paul Carrack). EMI Music

I've hidden in the silence
Then I took it far away
I was living in the distance
In the corners of my day
You came into my life
And centred all my fears
Loving you is everything
The meaning to these years
Partners in time
Partners today
Walking through problems
That might have come our way
'Cause when all is said and done
There's no need for me to run
You're the only one
The only one I love

We turned over the pages
And saw the pictures there
The colour might be fading
But I can see it clear
You walked into my life
And balanced every word
Loving you is everything
Everything I've heard

Partners in time
Partners today
Walking through problems
That might have come our way
'Cause when all is said and done
You're the only one I love
You're the only one
The only one I love

Once I had a reason
To run and hide from you
Hiding in the silence
Was all I ever used to do
But now I know the feeling
Must be all about believing

You're the only one
The only one I love



How Wonderful

(Words: Chris Difford. Music: Paul Carrack) EMI Music

How wonderful life can be
How happy is another day
All you know is all you feel
Till it's passed you by
How wonderful life can be
How come you walked this way ?
All you know is all you feel
Sometimes it makes me cry

The kids are in the street
The sun is in the sky
I'm still their old fool
They're the apple of my eye

The dog barks at the gate
The rain pretends to fall
I'm still in love with you
The fear's not there at all

How wonderful life can be
How happy is another day
All you know is all you feel
Until it's passed you by
How wonderful life can be
How come you walked this way ?
All you know is all you hear
Sometimes it makes me cry

The colours of the season
Changing day by day
The leaves already falling
A cold wind's on it's way
And now I have a reason
To settle back and say
How wonderful life's become
Just living with the ones I love



Running Out Of Time

(Words: Paul Carrack. Music: Paul Carrack & Mike Rutherford).
EMI Music / Hit & Run Music

Beating time on cardboard boxes
In an attic cold as ice
We were Freddie & The Dreamers
With stars before our eyes
But as we loaded up the Dansette
With a stack of 45's
How could we have known that these were
The best years of our lives
It's so long ago
It seems like an age

Whatever happened to the dream
We didn't wake up suddenly
Reality creeps up from behind
Leaving you running out of time

Bought a ticket at the station
Waved my brother John goodbye
Got the ferry down to Hamburg
Went looking for a life
I began my education
Learned my lessons on the road
Started living for the moment
And following the code

They can't take away
My memories

Whatever happened to the dream
We didn't wake up suddenly
Reality creeps up from behind
Leaving you running out of time



Better Than Nothing

(Words and music: Paul Carrack), EMI Music

I think you know now how I feel
I've got the rough end
From a lousy deal
Heaven knows I'm not a greedy man
If I can't have all your love
I'll get what I can

It's better than nothing
I can't deny
Better than nothing
A poke in the eye
Better than nothing
Just a little taste
Better than nothing
Won't go to waste

It's no use crying
'Cause I guess
There's a lot of people
Making do with less
It makes no sense now
To cry and plead
If I can't have all your love
I'll get what I need

It's better than nothing
I can't deny
Better than nothing
A poke in the eye
Better than nothing
Just a little taste
Better than nothing
Won't go to waste

There's got to be
A whole better way
'Cause I can't get my head around
This living day to day
Biding time is all I can do
Right now every second
I can spend with you

Is better than nothing
I can't deny
Better than nothing
A poke in the eye
Better than nothing
Just a little taste
Better than nothing
Won't go to waste



Time Passes

(Words and music: Paul Carrack), EMI Music

I lie here waiting in the dark
For the morning light
To come around
Counting the cracks up on the wall
I'm distracted by
Every single sound
As I watch the seconds tick away
I only wish there were less hours in the day
I've grown addicted to your touch
You know that I've got a craving
I need it so much

Time passes so slowly
When you're far away
This is the last time that
I leave you this way

I'm listening to the ticking clock
Looking at the hands creeping round and round
Just like a kid kept after school
Only difference is
I'm a grown man now

Sometimes I stop and wonder why
I'm spending every night alone
Just killing time
But I guess that's just the price you pay
Oh but it feels like I'm wishing my life away

Time passes so slowly
When you're far away
This is the last time that
I leave you this way

I know it won't be long
But till I'm back in your loving arms
I won't be right
I'm letting my impressions
Get the better of me

I can't take it any longer
I need you baby

You know time passes so slowly
When you're far away
This is the last time that
I leave you this way



Make Your Mind Up

(Words and music: Paul Carrack), EMI Music

I don't know
How long you need to think about it
My advice
Don't leave it too late
Pretty soon
You've got to make a big decision
Ain't no time to hesitate

You'd better
Make your mind up
You know sometimes you can think too much
You'd better
Make your mind up
You know you can have it if you want it enough

Everybody needs to find there own direction
Till you know just what you wanna do
That don't mean
You sit there waiting for perfection
You got no more time to lose

You'd better
Make your mind up
You know sometimes you can think too much
You'd better
Make your mind up
You know you can have it if you want it enough

Well nothing's for free now
There's always a price to pay
Oh but if it still don't work out
You can always find another way

Come on down
Don't worry now don't even doubt it
You don't have anything to lose
Do it now and you can just forget about it
You know that's all you've got to do

You'd better
Make your mind up
You know sometimes you can think too much
You'd better
Make your mind up
You know you can have it if you want it enough

Produced by **Paul Carrack**

Written, played and engineered by **Paul Carrack** except as indicated

Executive producer: **Peter Van Hooke / RMP**

Mixing Engineer and technical support: **Nigel Bates**

Mastering: **Nigel Bates** and **Benedict Fenner**

Additional engineering and remastered by **Graham Bonnett**

Musicians

Paul Carrack: Drums, bass, guitar and keyboards

Steve Beighton: Saxophone

Lindsay Dracass: Backing vocals on “Together”

Andy Newmark: Drums on “Better Than Nothing” and “Inspire Me”

Ian Thomas: Drums on “Satisfy My Soul”, “Time Passes”,
“Make Your Mind Up” and “Running Out Of Time”

David Crichton: Strings

Lee Russell: Drum loops on “Where Would I Be”

Original design and art direction: **Bill Smith Studio**

iTunes redesign **ianrossdesigner.com**

Photography: **Michele Turriani**

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Website management: **Paul Copley**

Merchandise: **Charlie Carrack**

Studio Design: **Tiny Evans** (tinyevans@hammondhire.com)

www.paulcarrack.net



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My band: **Paul Copley, Dean Dukes, Rob Clarke, John Robinson,**
Steve Beighton & Lindsay Dracass

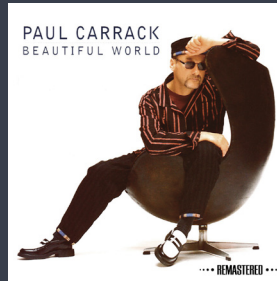
And of course **Kathy, Charlie, Merrilee, Jack** and **Joni-Rae**



Remastered Paul Carrack albums available to download



Blue Views*



Beautiful World*



Satisfy My Soul*



Still Groovin' *



It Ain't Over*



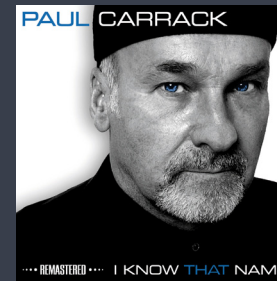
Winter Wonderland
with the SWR Big Band



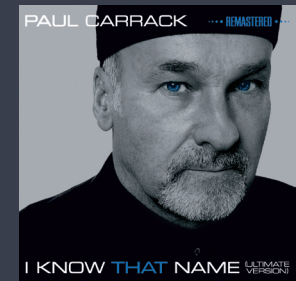
The Story So Far...
Greatest Hits



Old, New, Borrowed
and Blue



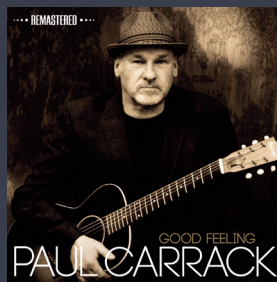
I Know That Name



I Know That Name
Ultimate Version



A Different Hat
with the RPO



Good Feeling



Rain Or Shine

*Includes bonus tracks from special editions



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